TERMS AND CONDITIONS FOR SILENT MEDITATION RETREAT

The BELL Center
Ayampe, Ecuador
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https://thebell.center

I, as a participant in this retreat, hereby acknowledge and agree to the terms and conditions set forth in this release form for the silent meditation retreat conducted by The BELL Center. I understand that participation in the retreat involves activities that require physical and mental exertion, including but not limited to meditation, guided movement, breathwork and other contemplative practices. By accepting this release form, I acknowledge that I have read, understood, and voluntarily accept the following terms and conditions:

1. Assumption of Risk:
I acknowledge that participation in the silent meditation retreat involves inherent risks, both physical and emotional. These risks may include, but are not limited to, physical injuries, mental or emotional distress, and unforeseen events or circumstances beyond the control of The BELL Center. I voluntarily assume all risks associated with my participation in the retreat and accept full responsibility for any consequences that may arise.

2. Health and Well-being:
I represent that I am in good physical and mental health and capable of participating in the retreat. I understand that The BELL Center does not provide medical or psychological services, and I agree to be solely responsible for my own health and well-being during the retreat. I will notify The BELL Center of any medical or psychological conditions that may affect my ability to participate safely in the retreat.

3. Code of Conduct:
I agree to abide by the code of conduct established by The BELL Center for the duration of the retreat. This includes participating in all activities on the schedule, following the instructions and guidance of the teachers, maintaining silence, refraining from the use of electronic devices,wearing proper clothing (covered shoulders, covered knees, no overly tight clothing) respecting the privacy and personal boundaries of other participants, and following any additional guidelines provided by The BELL Center.

4. Release and Indemnification:
I release and discharge The BELL Center, its owners, directors, employees, volunteers, agents, and representatives from any and all claims, liabilities, demands, actions, or causes of action, arising out of or in connection with my participation in the retreat, including but not limited to personal injury, illness, or loss of personal property. I agree to indemnify and hold harmless The BELL Center and its representatives from any claims brought by third parties arising from my actions or omissions during the retreat.

5. Photography and Media Release:

I grant The BELL Center the irrevocable right to use photographs, video recordings, or audio recordings taken during the retreat for promotional and educational purposes, without compensation or further notice.

6. Confidentiality:

I understand and agree that all teachings, discussions, and personal experiences shared during the retreat are confidential. I will not disclose any information or materials related to the retreat to third parties without the express consent of The BELL Center.

7. Governing Law and Jurisdiction:

This release form shall be governed by and construed in accordance with the laws of Ecuador. Any disputes arising out of or in connection with this release form shall be subject to the exclusive jurisdiction of the courts located in Ecuador.

I have carefully read and understand the contents of this release form. I am aware that by agreeing to these terms, I am giving up certain legal rights and remedies. I agree to this release form voluntarily and of my own free will.